



SHARMEL KASTEN, D.O.
FAMILY MEDICINE
2131 HERNDON AVENUE, STE 103
CLOVIS, CA 93611

To All My Valued Patients,

I am so grateful that you are mine! Thank you for giving me this opportunity to care for you. There aren't many things in life that impact happiness as greatly as our health. I am so honored that you have chosen to put your trust in me. Helping you to achieve and maintain the best health and happiest life possible is my purpose...it is what I'm meant to do in this world. Please know, I will always care for each and every one of you to the very best of my ability.

My practice is continuing to grow and change everyday as I continue to seek out (and try out) new and better ways to meet the needs of my patients in this ever-changing medical economy. I've put a 'Suggestions Box' in our waiting room. My staff and I welcome and appreciate your thoughts and concerns as we continually strive to improve the service we provide to you. Thank you for your continued patience, understanding, and support as this evolution continues!

My kids like to ask me, "Mom, if you could have one superpower, what would it be"? Well my answer is always the same...I'd have that power where I can multiply myself into infinite clones, of course!! That way I could be everything I want to be for everyone who needs me all the time! I hope you know, as my patients, that I wish I could see each and every one of you myself...every time you need me. Sadly, I don't have super powers. So instead, I've put together an amazing team of providers to help me!

My Nurse Practitioners and I work together as a team dedicated to meeting your healthcare needs. I have carefully trained and chosen these very caring, thorough, and capable providers as extensions of myself. Though your appointment may be with one of my Nurse Practitioners, I am always accessible and in direct communication with them regarding your needs. I review all lab/imaging results ordered by my team and play an active role in all the challenging problem solving and medical decision making that impacts your health. My team and I meet daily to discuss recent changes in medicine and difficult cases in our effort to ensure that we are all providing you with the very best care possible. It is my hope that my Nurse Practitioners will be readily accessible to you for minor concerns/illnesses/medication refills and for routine physical exams/preventative care so that I can be free when you really need me most to address your more serious, complicated, and persistent concerns. As a team, we hope you'll enjoy the variety of provider expertise and personalities we offer, better provider availability, extended office hours, and more flexible appointment times.

My team and I wish you a lifetime of health and happiness. We look forward to working together and with you to help make it so!

Sincerely,

Dr. Sharmel Kasten, D.O.

YOUR HEALTHCARE PROVIDER TEAM



DR. SHARMEL KASTEN, DO

Family Practice Physician

“Being a family doctor is not just my job, it’s my calling. I want to help my patients achieve and maintain a lifetime of good health so they can live every moment to the fullest!”

LOBAT DANESHVAR, FNP

Family Nurse Practitioner

“Doctors cure. Nurses heal. As a Nurse Practitioner, I get to do both!”



MICHELLE ZAPATA, FNP

Family Nurse Practitioner

“Preventive care is my passion! I love giving my patients the tools they need to live a healthy life!”